



**Series:** Winning The War In Your Mind

**Sermon:** Part 2: Embracing The Truth

**Date:** Sunday, September 24th, 2023

*I do not understand what I do. For what I want to do I do not do, but what I hate I do. (Romans 7:15)*

*Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is - His good, pleasing and perfect will. (Romans 12:2)*

\_\_\_\_\_ : meaning to refresh and to give a new appearance to

It is by knowing God's Word and having a depth of relationship with Him that we are transformed by the renewing of our mind.

*For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. (2 Corinthians 10:3-5)*

Every thought that crosses our mind, we have to examine each thought under the lens of Jesus:

-Does this thought honor God or dishonor Him?

-Does this thought build us up to be like Christ or does it tear us down?

-Is this thought true or is it a lie?

*"80% of our thoughts are negative and 95% of our thoughts are repetitive." (National Science Foundation)*

*Then you will know The truth, and The Truth will set you free. (John 8:32)*

We are more susceptible to lies when we don't know the truth of God's \_\_\_\_\_.

### **Renewing Our Minds With God's Truth**

**1. What is the biggest mental stronghold that's holding you back?**

**2. Naming the truth that demolishes that stronghold**

a. \_\_\_\_\_ down the truth that combats that lie



b. Meditate and \_\_\_\_\_ about that truth

c. \_\_\_\_\_ it out loud

d. \_\_\_\_\_ that truth

**Example:**

**Lie:** I will only feel happy when I get the status, the possessions, and praise from others.

**Truth:** Philippians 4:11-13

**Declaration based on God's truth:** "I can be content in every circumstance, because whatever I don't have, I do have in Jesus. I will celebrate and rejoice that I have a provider Who loves me and gives me all I need."

*Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable - if anything is excellent or praiseworthy - think about such things. Whatever you have learned or received or heard from me, or seen in me - put it into practice. And the God of peace will be with you. (Philippians 4:8-9)*

**Bottom Line:** Write it, think about it, declare it, and believe it.

**Questions to reflect on this week or with others:**

1. How would embracing God's truth change the way you see yourself, see others, see God and see your circumstances? What obstacles and strongholds would fall down and how would you see God moving in, through, and around you?
2. Take time to identify in your own life:

**Lie:**

**God's Truth:**

**Your declaration based on God's truth:**

3. How can you write it, think about it, declare it and believe it this week?

*Songs used in service: House Of The Lord (Phil Wickham), Great Is Thy Faithfulness (Thomas Chisholm), No Longer Slaves (Jonathan David & Melissa Helser), Chain Breaker (Zach Williams), Walking Free (Micah Tyler)*

-----Tear Here -----

**Any prayer requests?**

**Name:** \_\_\_\_\_ **Email (so we can follow up):** \_\_\_\_\_

**What can we be praying for you about?**