



Series: Overwhelmed

Sermon: Part 3: Overwhelmed With Worry

Date: Sunday, February 26th, 2023

Do you know the real reason why we worry? We want to be in _____.

Worry Invites Us To:

1. _____ **that we are trying to play God**

2. _____ **what we are worried about to God**

Whenever we worry, it is an _____ that we are trying to take control of our circumstances.

The more we try to _____, the more we worry.

Instead of being concerned for our own priorities, we become more concerned with _____ priorities for us.

“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your Heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life? And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will He not much more clothe you- you of little faith? So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the pagans run after all these things, and your Heavenly Father knows that you need them.” (Matthew 6:25-32)

Question we may ask ourselves: *“But what if God doesn’t take care of me?”*

To be free from worry and to be free from _____ are not the same thing.

It is trusting Jesus and doing what we can do in the natural and then it is trusting Jesus with what we can’t do as we trust Him to handle the supernatural.



*“But seek first His Kingdom and His righteousness, and all these things will be given to you as well.”
(Matthew 6:33)*

When we seek God and His priorities first, all our other priorities will be _____.

“Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.” (Matthew 6:34)

Whenever We Worry:

1. If it is worth worrying about, then it is worth _____ about

“Let us give up our work, our plans, ourselves, our lives, our loved ones, our influence, our all, right into His [God's] hand; and then, when we have given all over to Him, there will be nothing left for us to be troubled about.” (Hudson Taylor, Overseas Missionary Fellowship)

2. It is _____ to God and putting Him back in His rightful place in our lives

God, You are my shepherd, I lack nothing. (Psalm 23:1)

When I am afraid I put my trust in You. (Psalm 56:3)

God, I don't need to be afraid because I know You will help me. (Isaiah 41:13)

God, without You, I can do nothing. (John 15:5)

Bottom Line: *When we seek God and His priorities first, all our other priorities will be covered.*

Questions to reflect on this week or with others:

1. What scenarios or situations are causing you to worry?
2. Through time in prayer, how can you invite God into what you are worrying about?
3. Pick one of the sentence prayers above that you can start to use this week as a way to surrender to God as you put Him back into His rightful place in your life.

Songs used in service: Stand In Your Love (Josh Baldwin), No Longer Slaves (Jonathan David and Melissa Helser), Won't Let Me Go (Sanctus Real), Jireh (Maverick City Music & Elevation Worship)

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Any prayer requests?

Name: _____ **Email (so we can follow up):** _____

What can we be praying for you about?